

IN THE CLAIMS

Please cancel Claims 3, 4 and 5 without prejudice.

Please amend the claims as follows:

a2 1. (Amended) A mask, comprising a heat generating unit incorporated therein, wherein said heat generating unit is configured to generate heat by chemical reaction, wherein said heat generating unit comprises an exothermic composition containing a metal powder, salt, and water, which heat generating unit releases steam in conjunction with oxidation reaction of said metal powder.

a3 10. (Amended) The mask according to claim 1, further comprising a bag containing the exothermic composition, which bag has a surface adapted to be applied to a face, and which bag comprises a moisture permeable sheet exhibiting a moisture permeability between about 1000 g/m² · 24h and about 13,000 g/m² · 24h according to JIS Z0208 method under conditions of a temperature of 40°C and relative humidity of 90%, and an air permeability of 200 seconds/100 cm³ or less according to JIS P8117 method.

11. (Amended) The mask according to any one of claims 1-2 and 6-10, wherein main mask body is provided with at least one of an inhalation valve and an exhalation valve.

Please add new Claim 15 as follows:

a4 15. (New) A mask comprising:
a main mask body; and
heat generating means for generating steam in said main mask body by an exothermic oxidation chemical reaction.